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| **TERM ONE**  ***SEPTEMBER TO DECEMBER*** | **Duration -55 minutes per session** | **Unit Title**  **Practical** | **Topic/content** | **Objectives** | | **Teaching/learning strategy** | **Assessments** |
| **SEPTEMBER 11-22** | **Week 1 & 2** | **Protocols and Eliminations** | 1. Students will run two standard events which will   contribute points towards sports  day (100m and 200m)   1. Familiarization with rules, protocols and timetable | **Students should be able to**  1. Observe rules and protocols  2. Dress appropriate for class 3. Explain how they are going to be graded  3. State how they are going to be rotated for class.  Eliminations for Sports Day | | 1. Stop watches will record time 2. Discussions based on questions and answer sessions | Students will be selected to run on sports according to their time and placement in the event ran. |
| **SEPTEMBER 25 – October 6**  **OCTOBER 9 – OCTOBER 20** | **Week 3 and 4**  **Week 5 and 6** | **Marking and Dodging**  **Netball playing positions and responsibilities** | 1. Definition of marking and dodging 2. Importance of dodging and marking 3. When to dodge and mark during a game 4. Time period during a netball match for both junior and senior 5. What are the playing positions on a netball team? 6. The responsibilities of each playing positions on a netball team. 7. Playing a netball game | **Students should be able to:**   * Define dodging and marking * Explain the Importance of dodging and marking * Demonstrate strategies using a combination of attacking and defending skills with special emphasis on dodging and marking in game situations * State the time periods for both junior and senior netball game   **Students should be able to:**   * State the playing positions on a netball team * Explain the importance of each playing positions * Apply the knowledge learnt in a game situation | | 1. Discussion 2. Demonstration of the technique 3. Videos will be placed in google classroom 4. Question and answer to test students’ knowledge   Provide notes in google classroom  Bibs will be shown to identify the playing positions  Question and answer session | Perform appropriate technique in pairs  Demonstrate the skill in a game situation  Record correct timing for each game  Question and answer  Discussion  Engaged In a game |
| **OCTOBER 12-16 Mid - Term break** | | | | | | | |
| **OCTOBER 23 - 27 FIRST SIX WEEKS TEST** | | | | | | | |
| **NOVEMBER** | | | | | | | |
| **OCTOBER 30 - NOVEMBER 10** | **Week 8 and 9** | **Hand signals used in netball** | 1. What are the different hand signals used in the game of netball? 2. Know the different hand signals 3. Respond to the different hand signals during a netball game | **Students should be able to:**   * State the different hand signals used in netball * Identify different hand signals * Apply the knowledge learnt to identify what each hand signals means in a game situation. | Students will name hand signals  Guess the signal  game  Discussion | | Hand signals will be made by students  Search information |
| **NOVEMBER 13 - 24** | **Week 10 and 11** | **Terms used in netball** | 1. Know the different terms used in netball 2. Understand why each term is used 3. Know when each term is used | **Students should be able to:**   * State the different term used in netball * Differentiate the different terms used in netball * Demonstrate an understanding on the different term used in netball | Notes in google classroom    Students will tell the different terms used  Terms will be shown and students answer and tell the meaning | | Demonstrate an understanding of the term used through a game situation  Search for information |
| **NOVEMBER 27 – DECEMBER 1** | **Week 12** | **Graded practical on netball** | 1. Know the hand signals in netball 2. Know the role and responsibilities of each playing positions | **Students should be able to:**   * Correctly demonstrate an understanding of the playing positions * Display an understanding of the hand signals used in netball | Students will physical demonstrate on court  Observe | | Engagement in a game |
| **DECEMBER** | | | | | | | |
| **DECEMBER 4 – 8 SECOND SIX WEEKS TEST** | | | | | | | |
| **DECEMBER 11 - 15** | **WEEK 14** | **Graded practical on netball** | 1. Know the hand signals in netball 2. Know the role and responsibilities of each playing positions | **Students should be able to:**   * Correctly demonstrate an understanding of the playing positions * Display an understanding of the hand signals used in netball | Students will physical demonstrate on court  Observe | | Engagement in a game |
| **DECEMBER 19 END OF TERM** | | | | | | | |