

## Food and Nutrition

FOOD AND NUTRITION  
UNIT PLAN  
APRIL TO MAY - 2020  
GRADE 7

Week	MONTH	TOPICS	OBJECTIVES	ASSESSMENTS/ Methods of Delivery
1	April 20 -24	Recipe	1. Define what is a recipe 2. Identify the parts of a recipe 3. Discuss the characteristics of a recipe	
2	April 28 – May 01	Cookery Terms		Test Classwork
3	May 4 - 8	Recipe cont'd		Work will be given to students to write a cake

				recipe using a local vegetable as part of the main ingredients.
4	May 11 - 15		<ol style="list-style-type: none"> <li>1. Using measuring equipment to achieve accuracy ( Scale, liquid and dry measuring cups, measuring spoons)</li> <li>2. Demonstrate the use of measuring equipment</li> <li>3. Converting standard measurement to metric measurement</li> </ol>	
5	May 18 -22			Recipe Test

6	May 25 -29	Metric Conversion cont'd		Test

Done by : Karlene Henry