Physical Education

GRADES 7, 8 & 9 PHYSICAL EDUCATION TERM PLANS

ACADEMIC YEAR: 2019 – 2020

Summer TERM: April 22- June 26

		THEORY	QUIZ/TESTS	CLASSES THAT MISSED SESSIONS
May				
May 4- May 8	WEEK 1	Topic: Football,		
		Gymnastics and		
	2 Sessions	Volleyball skills		
	per week	0 1 7/05 7/07		
		Grades 7/26-7/35		
		Review notes on		
		Football in google		
		classroom for		
		discussion		
		Using youtube videos		
		on football skills,		
		students will tell what		
		they observe and		
		write the coaching		
		points for each skill		
		and the possibility of		

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the skill not done		
properly. (from google		
classroom.)		
Assess work and give		
feedback.		
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Grades 8/32-8/44		
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Review notes on		
Gymnastics from		
google classroom		
Observe the different		
gymnastics skills on		
youtube and tell the		
coaching points for		
each skill and the		
possibility of the skill	 	

		not done properly. (using google classroom) Assess work and give feedback	
		Grades 9/36-9/41 Review notes on Volleyball	
		Using youtube videos to tell the different types of volleyball skills, name the coaching points and the possibility of each skill not done	
		properly. Assess work and give feedback.	
May 11- May 15	WEEK 2	Topic : Parts of a football field and	

2 Sessions Per week	playing positions, gymnastics skills and equipment used, Volleyball playing areas and positions	
	Grades 7/26-7/35 Quiz on Football using Kahoot Discussion on Parts of	
	a football field and playing positions using powerpoint on zoom	
	Use padlet for responses Physical activities with students using zoom	
	Grades 8/32-8/44 Quiz on Gymnastics using gimkit	
	Types of equipment used in gymnastics using powerpoint on zoom	

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		Use padlet for	
		responses	
		Dhordad and Store 191	
		Physical activities with	
		students using zoom	
		Grades 9/36-9/41	
		Quiz using quizizz	
		Discuss areas on a	
		volleyball court and	
		playing positions.	
		Usa nadlakkan	
		Use padlet for	
		responses	
		Dhysical activities	
		Physical activities	
		with students using	
		zoom	
May 18 - May 22	WEEK 3	Topic: Types of foul in	
IVIAY TO - IVIAY ZZ	WEEK 3		
		football, Quiz on	

2 Sessions	Gymnastics, Quiz on	
	Volleyball	
	Grades 7/26-7/35	
	Football quiz on	
	kahoot	
	Using youtube video	
	to differentiate the	
	different types of foul	
	in football	
	Use padlet for	
	responses	
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	Dhysical activities with	
	Physical activities with	
	students using zoom	
	Grades 8/32-8/44	
	Quiz on gimkit	
	Use padlet for	
	responses	
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		BL COLORS	
		Physical activities	
		with students using	
		zoom.	
		Grades 9/36-9/41	
		Quiz using quizizz	
		Using youtube video	
		to watch a volleyball	
		game	
		Barrie	
		Use padlet for	
		responses	
		'	
		Discussion on video	
		Physical activities with	
		students using zoom	
May 25 - May 29	WEEK 4	Topic: Duties of a	
		linesman and referee	
	2 Sessions	in Football, students	
		engagement in	
		physical activities	
		. ,	
		Grades 7/26-7/35	
		Using goods	
		Using google	
		classroom, students	

will tell the difference between referee and linesman Answer to questions using zoom on the roles of each person Use padlet for responses Physical activities with students using zoom Grades 8/32-8/44 using google classroom, students will send a video demonstrating any four gymnastics skills, give the title for each skill and explain the		
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using google classroom, students will send a video demonstrating any four gymnastics skills, give the title for each skill and explain the	0 1 0/00 0/00	
classroom, students will send a video demonstrating any four gymnastics skills, give the title for each skill and explain the	Grades 8/32-8/44	
classroom, students will send a video demonstrating any four gymnastics skills, give the title for each skill and explain the	using google	
will send a video demonstrating any four gymnastics skills, give the title for each skill and explain the		
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skill and explain the	= -	
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coaching points	coaching points	
Use padlet for	Use padlet for	
responses		
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	Physical activities with	
	students using zoom	
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	Grades 9/36-9/41	
	using google	
	classroom, students	
	will send a video	
	performing any two	
	volleyball skills, give	
	the title for each skill	
	and explain the coaching points	
	coaching points	
	Use padlet for	
	responses	
	Physical activities with	
	students using zoom	
OCTOBER		

June 1 - June 5	WEEK 5	Topic: Physical		
	2 Sessions	workout		
		Grades 7/26-7/35		
		using google classroom, students will send a video demonstrating any two football skills, give the title for each skill and explain the coaching points Use padlet for responses	Written test Practical test	
		Physical activities with students using zoom		
		Grades 8/32-8/44		

		Physical activities with	
		students using zoom	
		Use padlet for	
		responses	
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		Grades 9/36-9/41	
		Physical activities with	
		students using zoom	
		Lice padiet for	
		Use padlet for	
		responses	
November 18-29	WEEK 6	Topic : Quiz	
	2 Sessions	Grades 7/26-7/35	
		Quiz on football using	
		kahoot	
		Karioot	
		Use padlet for	
		responses	
		5 1	
		Physical activities with	
		Physical activities with students using zoom	

Grades 8/32-8/44	
Quiz on gymnastics	
using gimkit	
Use padlet for	
responses	
Physical activities with	
students using zoom	
Grades 9/36-9/41	
Quiz on Volleyball	
using Quizizz	
Use padlet for	
responses	
Physical activities with	
students using zoom	