

Physical Education

GRADES 7, 8 & 9 PHYSICAL EDUCATION TERM PLANS

ACADEMIC YEAR: 2019 – 2020

Summer TERM: April 22– June 26

		THEORY	QUIZ/TESTS	CLASSES THAT MISSED SESSIONS
May				
May 4- May 8	WEEK 1 2 Sessions per week	Topic: Football, Gymnastics and Volleyball skills		
		Grades 7/26-7/35 Review notes on Football in google classroom for discussion Using youtube videos on football skills, students will tell what they observe and write the coaching points for each skill and the possibility of the skill not done properly. (from google classroom.) Assess work and give feedback.		

		<p>Grades 8/32-8/44</p> <p>Review notes on Gymnastics from google classroom</p> <p>Observe the different gymnastics skills on youtube and tell the coaching points for each skill and the possibility of the skill not done properly. (using google classroom)</p> <p>Assess work and give feedback</p>		
		<p>Grades 9/36-9/41</p> <p>Review notes on Volleyball</p> <p>Using youtube videos to tell the different types of volleyball skills, name the coaching points and the possibility of each skill not done properly.</p> <p>Assess work and give feedback.</p>		
<p>May 11- May 15</p>	<p>WEEK 2</p> <p>2 Sessions</p> <p>Per week</p>	<p>Topic : Parts of a football field and playing positions, gymnastics skills and equipment used,</p>		

		<p>Volleyball playing areas and positions</p>		
		<p>Grades 7/26-7/35</p> <p>Quiz on Football using Kahoot</p> <p>Discussion on Parts of a football field and playing positions using powerpoint on zoom</p> <p>Use padlet for responses</p> <p>Physical activities with students using zoom</p>		
		<p>Grades 8/32-8/44</p> <p>Quiz on Gymnastics using gimkit</p> <p>Types of equipment used in gymnastics using powerpoint on zoom</p> <p>Use padlet for responses</p> <p>Physical activities with students using zoom</p>		
		<p>Grades 9/36-9/41</p> <p>Quiz using quizizz</p> <p>Discuss areas on a volleyball court and playing positions.</p>		

		<p>Use padlet for responses</p> <p>Physical activities with students using zoom</p>		
May 18 - May 22	WEEK 3 2 Sessions	Topic: Types of foul in football, Quiz on Gymnastics, Quiz on Volleyball		
		Grades 7/26-7/35		
		<p>Football quiz on kahoot</p> <p>Using youtube video to differentiate the different types of foul in football</p> <p>Use padlet for responses</p> <p>Physical activities with students using zoom</p>		
		Grades 8/32-8/44		
		<p>Quiz on gimkit</p> <p>Use padlet for responses</p> <p>Physical activities with students using zoom.</p>		
		Grades 9/36-9/41		
		Quiz using quizizz		

		<p>Using youtube video to watch a volleyball game</p> <p>Use padlet for responses</p> <p>Discussion on video</p> <p>Physical activities with students using zoom</p>		
May 25 - May 29	WEEK 4 2 Sessions	<p>Topic: Duties of a linesman and referee in Football, students engagement in physical activities</p>		
		<p>Grades 7/26-7/35</p> <p>Using google classroom, students will tell the difference between referee and linesman</p> <p>Answer to questions using zoom on the roles of each person</p> <p>Use padlet for responses</p> <p>Physical activities with students using zoom</p>		
		<p>Grades 8/32-8/44</p> <p>using google classroom, students will send a video demonstrating any four gymnastics skills,</p>		

		<p>give the title for each skill and explain the coaching points</p> <p>Use padlet for responses</p> <p>Physical activities with students using zoom</p>		
		<p>Grades 9/36-9/41</p> <p>using google classroom, students will send a video performing any two volleyball skills, give the title for each skill and explain the coaching points</p> <p>Use padlet for responses</p> <p>Physical activities with students using zoom</p>		
OCTOBER				
June 1 - June 5	WEEK 5 2 Sessions	<p>Topic: Physical workout</p> <p>Grades 7/26-7/35</p> <p>using google classroom, students will send a video demonstrating any two football skills, give the title for each skill</p>	Written test	

		<p>and explain the coaching points</p> <p>Use padlet for responses</p> <p>Physical activities with students using zoom</p>	Practical test	
		<p>Grades 8/32-8/44</p> <p>Physical activities with students using zoom</p> <p>Use padlet for responses</p>		
		<p>Grades 9/36-9/41</p> <p>Physical activities with students using zoom</p> <p>Use padlet for responses</p>		
November 18-29	WEEK 6 2 Sessions	<p>Topic : Quiz</p>		
		<p>Grades 7/26-7/35</p> <p>Quiz on football using kahoot</p> <p>Use padlet for responses</p> <p>Physical activities with students using zoom</p>		

		Grades 8/32-8/44 Quiz on gymnastics using gimkit Use padlet for responses Physical activities with students using zoom		
		Grades 9/36-9/41 Quiz on Volleyball using Quizizz Use padlet for responses Physical activities with students using zoom		