

# Physical Education

## GRADES 7, 8 & 9 PHYSICAL EDUCATION TERM PLANS

ACADEMIC YEAR: 2019 – 2020

Summer TERM: April 22– June 26

		THEORY	QUIZ/TESTS	CLASSES THAT MISSED SESSIONS
<b>May</b>				
<b>May 4- May 8</b>	<b>WEEK 1</b> <b>2 Sessions</b> <b>per week</b>	<b>Topic: Football, Gymnastics and Volleyball skills</b>		
		<b>Grades 7/26-7/35</b>  Review notes on Football in google classroom for discussion  Using youtube videos on football skills, students will tell what they observe and write the coaching		

		<p>points for each skill and the possibility of the skill not done properly. (from google classroom.)</p> <p>Assess work and give feedback.</p>		
		<p><b>Grades 8/32-8/44</b></p> <p>Review notes on Gymnastics from google classroom</p> <p>Observe the different gymnastics skills on youtube and tell the coaching points for</p>		

		<p>each skill and the possibility of the skill not done properly. (using google classroom)</p> <p>Assess work and give feedback</p>		
		<p><b>Grades 9/36-9/41</b></p> <p>Review notes on Volleyball</p> <p>Using youtube videos to tell the different types of volleyball skills, name the coaching points and the possibility of each skill not done properly.</p> <p>Assess work and give feedback.</p>		

May 11- May 15	WEEK 2 2 Sessions Per week	<b>Topic : Parts of a football field and playing positions, gymnastics skills and equipment used, Volleyball playing areas and positions</b>		
		<b>Grades 7/26-7/35</b>  Quiz on Football using Kahoot  Discussion on Parts of a football field and playing positions using powerpoint on zoom  Use padlet for responses  Physical activities with students using zoom		
		<b>Grades 8/32-8/44</b>  Quiz on Gymnastics using gimkit  Types of equipment used in gymnastics		

		<p>using powerpoint on zoom</p> <p>Use padlet for responses</p> <p>Physical activities with students using zoom</p>		
		<p><b>Grades 9/36-9/41</b></p> <p>Quiz using quizizz</p> <p>Discuss areas on a volleyball court and playing positions.</p> <p>Use padlet for responses</p> <p>Physical activities with students using zoom</p>		

<b>May 18 - May 22</b>	<b>WEEK 3</b> <b>2 Sessions</b>	<b>Topic: Types of foul in football, Quiz on Gymnastics, Quiz on Volleyball</b>		
		<b>Grades 7/26-7/35</b>  Football quiz on kahoot  Using youtube video to differentiate the different types of foul in football  Use padlet for responses    Physical activities with students using zoom		
		<b>Grades 8/32-8/44</b>  Quiz on gimkit		

		<p>Use padlet for responses</p> <p>Physical activities with students using zoom.</p>		
		<p><b>Grades 9/36-9/41</b></p> <p>Quiz using quizizz</p> <p>Using youtube video to watch a volleyball game</p> <p>Use padlet for responses</p> <p>Discussion on video</p> <p>Physical activities with students using zoom</p>		
<b>May 25 - May 29</b>	<b>WEEK 4</b> <b>2 Sessions</b>	<b>Topic: Duties of a linesman and referee in Football, students engagement in physical activities</b>		

		<p><b>Grades 7/26-7/35</b></p> <p>Using google classroom, students will tell the difference between referee and linesman</p> <p>Answer to questions using zoom on the roles of each person</p> <p>Use padlet for responses</p> <p>Physical activities with students using zoom</p>		
		<p><b>Grades 8/32-8/44</b></p> <p>using google classroom, students will send a video demonstrating any four gymnastics skills, give the title for each</p>		



		<p>skill and explain the coaching points</p> <p>Use padlet for responses</p> <p>Physical activities with students using zoom</p>		
		<p><b>Grades 9/36-9/41</b></p> <p>using google classroom, students will send a video performing any two volleyball skills, give the title for each skill and explain the coaching points</p> <p>Use padlet for responses</p> <p>Physical activities with students using zoom</p>		

<b>OCTOBER</b>				
<b>June 1 - June 5</b>	<b>WEEK 5</b> <b>2 Sessions</b>	<b>Topic: Physical workout</b>	Written test  Practical test	
		<b>Grades 7/26-7/35</b>  using google classroom, students will send a video demonstrating any two football skills, give the title for each skill and explain the coaching points  Use padlet for responses  Physical activities with students using zoom		
		<b>Grades 8/32-8/44</b>		

		<p>Physical activities with students using zoom</p> <p>Use padlet for responses</p>		
		<p><b>Grades 9/36-9/41</b></p> <p>Physical activities with students using zoom</p> <p>Use padlet for responses</p>		
<b>November 18-29</b>	<b>WEEK 6</b>	<b>Topic : Quiz</b>		
	<b>2 Sessions</b>	<p><b>Grades 7/26-7/35</b></p> <p>Quiz on football using kahoot</p> <p>Use padlet for responses</p>		

		Physical activities with students using zoom		
		<b>Grades 8/32-8/44</b> Quiz on gymnastics using gimkit Use padlet for responses Physical activities with students using zoom		
		<b>Grades 9/36-9/41</b> Quiz on Volleyball using Quizizz Use padlet for responses Physical activities with students using zoom		

