GRADE 13 BIOLOGY TERM TWO PLAN

TERM TWO: JANUARY 11- March 28, 2024

		THEORY	LABS/QUIZ/TESTS
JANUARY			
January 8-12 No classes on the 8 th and 9 th due to parent consultation	WEEK 1	 CIRCULATORY SYSTEM OF MAMMALS Need for a circulatory system. Open and close systems Blood vessels cont'd Structure of the heart Cardiac cycle Maintaining the heart's rhythmic beat 	Assign Topics for Health and Disease Presentations
January 16-20	WEEK 2	 CIRCULATORY SYSTEM OF MAMMALS Definitions – pulse, blood pressure Factors affecting blood pressure Nervous and hormonal control of heart rate Role of haemoglobin in oxygen transport Nervous and hormonal control of heart rate The Bohr Effect 	Lab: Heart Drawing Blood Vessels Drawing Blood Cells Drawing Worksheet on transport in animals

January 23-26	WEEK 3	IMMUNOLOGY	
		 The Immune Response Humoral and Cell mediated Response The origin, maturation and role of T and B memory cells. The action of Phagocytes/phagocytosis The structure of a typical antibody molecule (Y-shaped structure) Monoclonal antibodies in diagnosis and treatment (The anticancer drug, Mab Thera; details required of the use of monoclonal antibodies in pregnancy testing. Active and passive immunity/Artificial and natural immunity The role of vaccinations in immunity 	Worksheet on Immunology

Jan. 23-Feb. 2	WEEK 4	 HOMEOSTASIS AND HORMONAL CONTROL Concept of homeostasis – receptors, effectors, feedback mechanism etc. General principles of hormonal action in animals – ductless glands, target cells and receptors Insulin and glucagon function in relation to blood glucose concentration Effect of ethylene on fruit ripening Commercial use of ethylene to supply market-ready fruit 	Online quiz
FEBRUARY February 5-9	WEEK 5	 KIDNEY, EXCRETION AND OSMOREGULATION Need to remove nitrogenous and other metabolic waste products Structure of the kidney and nephrons Function of the kidney – excretion, Osmoregulation, role of ADH Clinical significance of glucose and protein in urine 	LAB – • Drawing of the longitudinal section of the kidney • Drawing of the transverse section of kidney tubules

February 12-14	WEEK 6	MID-TERM BREAK	
February 15-16 Classes only held on 15 &16. 12-14 midterm break	WEEK 6	 NERVOUS COORDINATION Structure of motor and sensory neurons Nerve cell membranes in establishing and maintaining resting potential Conduction of an action potential along the nerve membrane – speed of transmissions Synaptic transmission – structure of cholinergic synapse 	Worksheet on nervous coordination
February 19-23	WEEK 7	NERVOUS COORDINATION • Role of synapse	
Feb. 26-Mar. 1	WEEK 8	 HEALTH AND DISEASE Define health – physical, mental, social Categories of disease or illness – physical, mental, social, chronic, infection, degenerate, inherited, self-inflicted, deficiency; examples of each. Regional distribution of AIDS, diabetes and cancer – discuss reasons (Presentations by Students) 	LAB • Investigating the effects of exercise on the body

MARCH			
March 4-8	WEEK 9	 SOCIAL AND PREVENTATIVE MEDICINE Causative relationship among diet, obesity and diabetes – concept of balanced diet, BMI, Type 1 and 2 diabetes Effects of fats on the cardiovascular system – atherosclerosis, coronary heart disease, hypertension, stroke Effects of exercise and maintaining a physically fit body – long-term and short-term consequences, VO₂ max, cardiac efficiency 	Group presentations on diabetes and obesity, dengue, cancer, HIV/AIDS communicable and non-communicable diseases.
March 11-15	WEEK 11	MOCK EXAMS	
March 18-22	WEEK 12	MOCK EXAMS	

March 26-28	WEEK 13	SOCIAL AND PREVENTATIVE MEDICINE • AIDS and Dengue fever – mechanisms of infection, causative agent, transmission, social and economic impact regionally and the social, economic and biological factors in their prevention and control	
Mar 28-April 5	WEEK 15	EASTER HOLIDAY	