

**TERM PLAN (CHRISTMAS)**  
**PHYSICAL EDUCATION (LAND ACTIVITY)**  
**GRADE 9**  
**2024-2025**

<b>TERM ONE</b> <b>SEPTEMBER TO</b> <b>DECEMBER</b>	<b>Duration -55 minutes per</b> <b>session</b>	<b>Unit Title</b> <b>Practical</b>	<b>Topic/content</b>	<b>Objectives</b>	<b>Teaching/learning</b> <b>strategy</b>	<b>Assessments</b>
<b>SEPTEMBER 2-</b> <b>13</b>	<u><b>Week 1 &amp; 2</b></u>	<b>Protocols and</b> <b>Eliminations</b>	<ol style="list-style-type: none"> <li>1. Students will run two standard events which will contribute points towards sports day (100m and 200m)</li> <li>2. Familiarization with rules, protocols and timetable</li> </ol>	<b>Students should be able to</b> <ol style="list-style-type: none"> <li>1. Observe rules and protocols</li> <li>2. Dress appropriate for class</li> <li>3. Explain how they are going to be graded</li> <li>3. State how they are going to be rotated for class.</li> </ol> Eliminations for Sports Day	<ol style="list-style-type: none"> <li>1. Stop watches will record time</li> <li>2. Discussions based on questions and answer sessions</li> </ol>	Students will be selected to run on sports according to their time and placement in the event ran.
<b>SEPTEMBER 16</b> <b>- 27</b>	<u><b>Week 3 and 4</b></u>	<u><b>History of volleyball,</b></u> <u><b>types of serve</b></u>	<ol style="list-style-type: none"> <li>1. Discuss the game of volleyball</li> <li>2. Know when volleyball was first invented</li> <li>3. Who created volleyball</li> </ol>	<b>Students should be able to:</b> <ul style="list-style-type: none"> <li>▪ Explain an understanding of the game of volleyball</li> <li>▪ State when volleyball was invented, who created the</li> </ul>	<ol style="list-style-type: none"> <li>1. Discussion</li> <li>2. Demonstration of the technique</li> <li>3. Videos will be placed in</li> </ol>	Perform appropriate technique Demonstrate the skill Question and answer

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<p><b>September 30 – OCTOBER 11</b></p>	<p><b><u>Week 5 and 6</u></b></p>	<p><b>Skills used to play volleyball</b></p> <p><b>Equipment used in volleyball</b></p>	<ol style="list-style-type: none"> <li>4. In what year was volleyball introduced to Jamaica</li> <li>5. The dimension, height of the net for both male and female</li> <li>6. Playing areas on the volleyball court</li> <li>7. Types of serve</li> </ol> <ol style="list-style-type: none"> <li>1. Name the skills needed to play volleyball</li> <li>2. Know the equipment used to play volleyball</li> </ol>	<p>game and when it was introduced to Jamaica</p> <ul style="list-style-type: none"> <li>▪ Tell the measurement for the net for both men and female</li> <li>▪ Identify different playing areas on the court</li> <li>▪ Demonstrate different types of serve</li> </ul> <p><b>Students should be able to:</b></p> <ul style="list-style-type: none"> <li>● Demonstrate the volleyball skills</li> <li>● State the equipment that is required to play the game of volleyball</li> </ul>	<p>google classroom</p> <p>4. Question and answer to test students' knowledge</p> <p>Provide notes in google classroom</p> <p>Videos in google classroom</p>	<p>Question and answer</p> <p>Discussion</p> <p>Work in pairs to accomplish task</p>
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<b>OCTOBER 14-18 First Six Weeks Test</b>						
<b>OCTOBER 21 - 23 FIRST SIX WEEKS TEST</b>						
<b>NOVEMBER</b>						
<b>OCTOBER 28 - NOVEMBER 8</b>	<b><u>Week 8 and 9</u></b>	<b>Introduction to volleyball</b>	<ol style="list-style-type: none"> <li>1. What are the playing positions in a volleyball game?</li> <li>2. Know how the game of volleyball is played</li> <li>3. How to rotate during a volleyball game</li> <li>4. Know the rules of volleyball</li> </ol>	<p><b>Students should be able to:</b></p> <ul style="list-style-type: none"> <li>▪ State the rules of volleyball and playing positions</li> <li>▪ Demonstrate how to rotate in volleyball</li> <li>▪ Apply the rules of volleyball in a game situation</li> </ul>	<p>Question and answer</p> <p>Correct Observe Reinforce</p>	<p>Group presentation discussion</p>

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<p><b>NOVEMBER 11 - 22</b></p>	<p><b><u>Week 10 and 11</u></b></p>	<p><b>Volleyball game</b></p>	<p>1. Engaged in a volleyball using all the skill learnt</p>	<p><b>Students should be able to:</b></p> <ul style="list-style-type: none"> <li>Apply all the knowledge learnt in a volleyball game</li> </ul>	<p>Notes in google classroom</p> <p>Videos in google classroom</p> <p>Observe Correct Reinforce</p>	<p>Demonstrate an understanding of the game using all skills learnt</p>
<p><b>NOVEMBER 25 – DECEMBER 6</b></p>	<p><b><u>Week 12</u></b></p>	<p><b>Graded practical on volleyball</b></p>	<p>1. Know the skills in volleyball</p>	<p><b>Students should be able to:</b></p> <ul style="list-style-type: none"> <li>Correctly demonstrate the skills in volleyball</li> </ul>	<p>Students will physical demonstrate on court</p> <p>Observe</p>	<p>Work in pairs to accomplish task</p>
<p><b>DECEMBER</b></p>						
<p><b>DECEMBER 9 – 13 SECOND SIX WEEKS TEST</b></p>						
	<p><b>WEEK 14</b></p>			<p><b>Students should be able to:</b></p>	<p>Students will physical</p>	

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<p><b>DECEMBER 9 - 19</b></p>		<p><b>Graded practical on volleyball</b></p>	<p>1. Know the skills in volleyball</p>	<ul style="list-style-type: none"> <li>• Correctly demonstrate the skills in volleyball</li> </ul>	<p>demonstrate on court</p> <p>Observe</p>	<p>Work in pairs to accomplish task</p> <p>Work in pairs to accomplish task</p>
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**DECEMBER 19 END OF TERM**